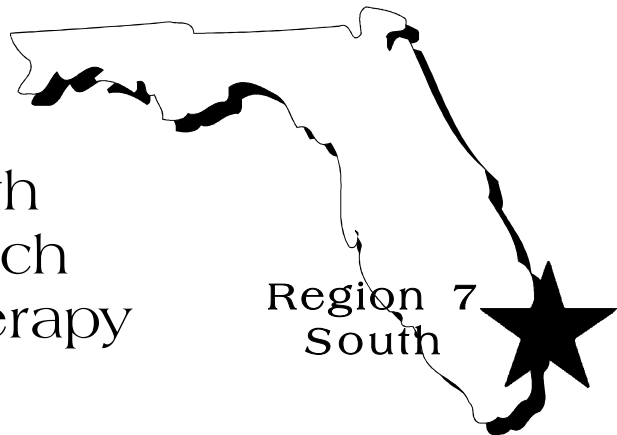


Newsletter  
Region 7 South  
West Palm Beach  
Occupational Therapy  
Forum



Region 7 South West Palm Beach NEWSLETTER

Summer 2013

**UPCOMING EVENTS**

**Carpal Instability Syndromes: A  
*No Nonsense Approach to Assessment,  
Intervention and Functional  
Recovery***

**August 24, 2013**

**Physical Agent Modalities  
Certification Course**

**September 21-22, 2013**

**Fieldwork Educator's  
Certification Workshop**

**Saturday, November 2nd, 2013**

***For All Events & Issues***

**<http://www.floridaotforum.org>**

**WELCOME:**

We are excited to enlarge our offering of programs to the south east Florida region for occupational therapist and occupational therapy assistants.

Our goals include quality continuing education events in our local area, CE's offered at reasonable rates in YOUR neighborhood. Timely topics suggested by YOU! Also we plan venues for developing colleague support and professional networking as well as opportunities to give a voice to your questions involving both legal and political issues related to our profession

The Florida Occupational Therapy Region 7 South Forum provides educational and networking opportunities for therapists to enhance the practice of rehabilitation. We promote the advancement of occupational therapy as the preeminent profession promoting health, productivity, and quality of life for individuals and society through the therapeutic application of occupation.

## Mission Statement

The Region 7 South Occupational Therapy Forum is a dynamic, interactive organization that was formed to act on behalf of:

**The occupational therapy practitioner**..... by facilitating personal growth and development and promoting a sense of camaraderie and oneness with fellow occupational therapy practitioners.

**To be met by:** providing quality continuing education courses, opportunities for leadership, a link to state and national organizations, networking opportunities.

**The occupational therapy student** ..... by providing an opportunity to network with practitioners and develop a mentoring relationship with board members.

**To be met by:** contacting local SOTA organizations.

**And the profession**..... By encouraging membership in the American Occupational Therapy Association and the Florida Occupational Therapy association.

**To be met by:** enhancing community awareness and knowledge of occupational therapy through education and on-going participation in community/philanthropic activities.



**Are you ready to catch an exciting OT educational wave?**

Well, you are in luck because “Surf’s Up” for the next FOTA Conference! We have a great location, excellent keynote, an awesome theme, a fabulous hotel and a wonderful chance to mix and mingle with friends and colleagues plus earn a whole lot of CEUs.





## Student Corner

**SouthUniversity**<sup>SM</sup>  
Established 1899



Pictured Back Row: Jacquelin Exantus, Kendall Bridgewater, Amanda Almonte, Annette Jackson-McHugh, Cristin Eller, Dyna Louissant, Elizabeth Dupont, Michelle Lund  
Front Row: Cindy Santamaria, Katherine Purvis, Luisa Rojas, Cinnizia Anelion, Joanne Florexil

Inaugural Occupational Therapy Assistant Class from South University, West Palm Beach Campus celebrated the first white coat ceremony. The OTA class and their families gathered on March 22, at the West Palm Beach campus. The ceremony represents the transition into the profession, and the event was dedicated to the incoming students entering their careers as occupational therapy assistants. The students took their oath to the profession and received their student coats.

For questions about the OTA program contact the program director: Thomas Laster, MS, OTR/L at [tlaster@southuniversity.edu](mailto:tlaster@southuniversity.edu).

## **Carpal Instability Syndromes: A No Nonsense Approach to Assessment, Intervention and Functional Recovery**

August 24, 2013

Time: 8 am – 5 pm, Lunch on your own

Place: South Univeristy, West Palm Beach Campus

### **Introduction-Bullets (*The take-aways from the course*):**

- ◆ Assist the clinician (attendee) to systematically and intelligently navigate through one of the most complex regions of the body.
- ◆ Become familiar with the most common types of wrist and distal forearm fractures and understand their associated complications.
- ◆ Become comfortable using provocative tests in ruling out or identifying certain carpal instability injuries.
- ◆ Feel comfortable reviewing radiographs (x-rays) of the wrist and understand why bony malalignment plays a role in post fracture pain, edema, and nerve entrapment.
- ◆ Use the case-study reviews as a capstone venue in using the freshly learned knowledge in the attendee's clinical decision making.



### **Learning Objectives:**

1. Review the functional anatomy and unique features of the wrist and distal forearm.
2. Review the etiology and mechanisms of injury (MOI) common to the wrist and distal wrist regions.
3. Review the various carpal instability patterns, degenerative pathologies and common fractures of the carpal region.
4. Review of soft tissue injuries and the associated dysfunction within the wrist and distal forearm.
5. Review and fully understand the various provocative tests associated with the wrist and forearm injuries (known as ACEs: Advanced Clinical Evaluations).
6. Review and identify some of the most common radiological studies of fractures in the wrist and distal forearm.

This Course is accredited for **8** contact hours by the Occupational Therapy Department of South University which is accredited as an agency, College or University, approved by the US Dept. of Education.

**About Our Speaker**



**Jose R. Rafols OTD, MHSA, OTR/ Lis** a licensed Occupational Therapist with more than 28 years experience in clinical orthopedics and 20 years experience in upper extremity rehabilitation, hand-injuries, neurological injuries, Traumatic Brain Injuries (TBI), diabetic foot and wound care, geriatrics

and adult rehabilitation. Dr. Rafols provided masters level instruction within the Occupational Therapy Program at Florida International University in Miami Florida and at the Medical College of Georgia, Augusta, Georgia, as well as, Barry University Master's Bridge Program. Dr. Rafols is on faculty with Cross Country Education and offers one & two day seminars on various health related and clinical topics. He is President and owner of Therapeutic Home-Bound Services Corporation (THS-Corp), which provides tailored and personalized private occupational therapy services to the greater Miami area. More recently, Dr. Rafols has assumed the position of Program Director of Occupational Therapy Programs at South University (West Palm Beach Campus). Dr. Rafols holds the rank of Major-Promotable in the United States Army Specialty Corps and has served

more than 28 years combined active and reserve duty in the US Navy, the US Marine Corps and the US Army Active and Reserves Components. He recently served on active duty and as the Chief and Assistant Officer in Charge, at Eisenhower Army Medical Center, Ft. Gordon, Georgia. Dr. Rafols (MAJOR) has served in the capacity of an Executive Officer to the 7217th Medical Support Unit (MSU), the Company Commander of the 324<sup>th</sup> Combat Support Hospital, S-4 (Logistics Officer) 324<sup>th</sup> Combat Support Hospital, and the Assistant Operations Officer, 324<sup>th</sup> Combat Support Hospital, at the Martinez Reserve Center in Perrine, Florida. Dr. Rafols (MAJOR) has recently completed a 12 month combat deployment to Eastern Afghanistan, Paktika Providence, with the 101<sup>st</sup> Airborne Division, 3<sup>rd</sup> & 4<sup>th</sup> Brigade Combat Teams (BCTs) to set up and provide clinical rehabilitation of post blast

Dr. Rafols is a member of the AOT A, Florida Occupational Therapy Association, Association of Caribbean Occupational Therapists, Reserve Officers Association and American Military Surgeons of the United States (AMSUS). He was awarded a post-doctorate fellowship from The Dade Community Foundation Miami Fellows Initiative in 2006. Dr. Rafols has published articles in *NEWS-Line* for Occupational Therapists and COTAs and *OT Practice* and has spoken at numerous International, National and Regional Conferences.



**Option: Register via PayPal on [www.floridaotforum.org/events.htm](http://www.floridaotforum.org/events.htm)**

**REGISTRATION FORM**

**August 2013 - Carpal Instability Course**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Employer or School (with address) \_\_\_\_\_

Telephone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Please Check: \_\_\_\_\_ OTR/COTA \$160.00 \_\_\_\_\_ Students \$ 50.00

Amount of check: \_\_\_\_\_ Checks are nonrefundable after August 16

**GROUP Discount @\$150 each for group of 3 - must send in all 3 registrations together**

Please mail form and corresponding check amount payable to "BOTF" to:  
Heidi Lipshutz, 1101 Fairfield Meadows Drive, Weston, FL 33327

If you need a reasonable accommodation, please contact **Pamela Kasyan** 561-273-6378

## Physical Agent Modalities Certification Course

Date: September 21–22, 2013

Time: 8 am–5 pm

Lunch on your own

Place: South University, WPB

### Course Description

Physical Agent Modalities (PAM's) for Occupational Therapists and Occupational Therapy Assistants is designed as an introductory course to educate occupational therapy practitioners in the use of physical agents in the areas of electrotherapy and ultrasound.

The physical principles and biophysical effects of cryotherapy, heat, ultrasound and electrical currents are presented as they are related to the treatment for indicated pathological conditions. Emphasis is placed on principles of differential diagnosis in the selection and application of appropriate physical agents.

The course will prepare the participant in the theory and clinical application of ultrasound, iontophoresis, transcutaneous electrical nerve stimulation (TENS) and neuromuscular electrical nerve stimulation (NMES). Additional topics included are: the use of PAM's within the Occupational Therapy Framework with review of AOTA's 2003 position paper on PAM's and the Florida statute requirements for occupational therapist. This physical agents modalities course was designed by an occupational therapist for occupational therapists. Course presentation will include lectures, laboratory sessions and problem based learning via case studies.

*(Directions to South University page 11)*

**To receive CE contact hours you must stay for the full program. You must sign in as well as sign out in the registration area both days.**

### Upon completion of the course, participants will be able to:

1. Describe how physical agent modalities fit within the Occupational Therapy Framework and identify the certification responsibilities within the state of Florida.
2. Describe the physical principles of temperature, sound and electricity and its biological effects on the human body.
3. Describe the relationship between the stages of wound healing, pain theories and modality selection.
4. Identify indications for the use of electrotherapy and ultrasound modalities within the Occupational Therapy Framework.
5. Demonstrate appropriate selection and application of electrotherapy and ultrasound modalities as it relates to occupational therapy treatment.
6. Identify instrumentation of the modalities presented and demonstrate appropriate selection of settings.
7. Identify components of appropriate documentation for ultrasound and electrotherapy devices.
8. Identify precautions and contraindications for ultrasound and electrotherapy devices.
9. Immediately integrate the information presented into their clinical practice

This Course is accredited for 16 contact hours by the Occupational Therapy Department of South University which is accredited as an agency, College or University, approved by the US Dept. of Education.

**About Our Speaker**



**Jose R. Rafols OTD, MHSA, OTR/Lis** is a licensed Occupational Therapist with more than 28 years experience in clinical orthopedics and 20 years experience in upper extremity rehabilitation, hand-injuries, neurological injuries, Traumatic Brain Injuries (TBI), diabetic foot and wound care, geriatrics and adult rehabilitation. Dr. Rafols provided masters level instruction within the Occupational Therapy Program at Florida International University in Miami Florida and at the Medical College of Georgia, Augusta, Georgia, as well as, Barry University Master's Bridge Program. Dr. Rafols is on faculty with Cross Country Education and offers one & two day seminars on various health related and clinical topics. He is President and owner of Therapeutic Home-Bound Services Corporation (THS-Corp), which provides tailored and personalized private occupational therapy services to the greater Miami area. More recently, Dr. Rafols has assumed the position of Program Director of Occupational Therapy Programs at South University (West Palm Beach Campus).

Dr. Rafols holds the rank of Major-Promotable in the United States Army Specialty Corps and has served more than 28 years combined active and reserve duty in the US Navy, the US Marine Corps and the US Army Active and Reserves Components. He recently served on active duty and as the Chief and Assistant Officer in Charge, at Eisenhower Army Medical Center, Ft. Gordon, Georgia. Dr. Rafols (MAJOR) has served in the capacity of an Executive Officer to the 7217th Medical Support Unit (MSU), the Company Commander of the 324<sup>th</sup> Combat Support Hospital, S-4 (Logistics Officer) 324<sup>th</sup> Combat Support Hospital, and the Assistant Operations Officer, 324<sup>th</sup> Combat Support Hospital, at the Martinez Reserve Center in Perrine, Florida. Dr. Rafols (MAJOR) has recently completed a 12 month combat deployment to Eastern Afghanistan, Paktika Providence, with the 101<sup>st</sup> Airborne Division, 3<sup>rd</sup> & 4<sup>th</sup> Brigade Combat Teams (BCTs) to set up and provide clinical rehabilitation of post blast

*Option: Register via PayPal on [www.floridaotforum.org/events.htm](http://www.floridaotforum.org/events.htm)*



**REGISTRATION FORM**

**September 21-22, 2013 Physical Agent Modalities Certification Course**

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Employer or School (with address) \_\_\_\_\_  
 Telephone: (H) \_\_\_\_\_ (W) \_\_\_\_\_  
 FOTA Membership Number \_\_\_\_\_  
 Please Check:  OTR/COTA member \$240.00  Students \$ 100.00  
 Amount of check: \_\_\_\_\_ Checks are nonrefundable after September 13

Please mail form and corresponding check amount payable to "BOTF" to:

Heidi Lipshutz , 1101 Fairfield Meadows Drive, Weston, FL 33327

If you need a reasonable accommodation, please contact **Pamela Kasyan** 561-273-6378



## Fieldwork Educator's Certification Workshop

**Date/ Time:** November 2, 2013  
8:00 am – 4:30 pm

**Place:** South University - West Palm Beach Campus  
9801 Belvedere Road  
Royal Palm Beach, Florida 33411



**Pamela A. Kasyan, MS,  
OTR/L, CHT**  
President FLOTEC  
Academic Fieldwork  
Coordinator  
South University, WPB

This course is sponsored by FLOTEC &  
South University



### **CERTIFICATION CRITERIA:**

- 7 hours workshop
- Completion of Pre & Post tests
- 85% minimum passing score

*Because this is a certification workshop, participants arriving later than one-half hour after the start of the workshop will forfeit their opportunity to be certified.*

### **COURSE OBJECTIVES**

#### Section 1:

1. Identify the role of the FWE within the educational process
2. Adequately and efficiently orient students for the fieldwork experience
3. Integrate goals of the student, FWE, and academic institution into mutually determined objectives

#### Section 2

1. Identify variations in students' learning styles
2. Identify critical student behaviors and verbalize these in specific and objective terms
3. Discuss the differences and interrelationships between feedback and evaluation
4. Identify appropriate responses to students' reactions to feedback received

#### Section 3

1. Document student behaviors in specific and objective terms
2. Discuss the importance of documentation in communication and legal aspects of documentation during fieldwork
3. Write learning objectives

#### Section 4

1. Identify implications of several laws during fieldwork
2. Compare the rights and responsibilities of the AFWC, FWEC, student, and the academic and clinical institutions



**COURSE OUTLINE**

8:00-8:30	Registration
8:30-10:00	Welcome and Introduction Review Course Objectives Written Pre-Test Essential functions of Fieldwork Educators Guidelines for FEs Student Orientation
10:00-10:15	Break
10:15-12:00	Learning Styles Feedback and Evaluation Types of Evaluation Steps to Providing Feedback Resolving Conflict
12:00-1:00	Lunch (on your own)
1:00-2:00	Documentation of Student Behaviors Specific and Objective Documentation Domains of Learning
2:00-2:15	Break
2:15-4:00	Writing Learning Objectives: FEAST Method Writing Learning Objectives: Group Activity Legal Considerations in Documentation Legal Issues: ADA, FERPA Rights and Responsibilities
4:00-4:30	Post-Test Course Evaluation

**CERTIFICATION CRITERIA**

- 7 hours workshop
- Completion of Pre & Post tests
- 85% minimum passing score

*Participants arriving later than one-half hour after the start of the workshop will forfeit their opportunity to be certified.*

**LOCATION:**

South University - West Palm Beach Campus  
9801 Belvedere Road  
Royal Palm Beach, Florida 33411

Please, mail registration info and a check for  
\$50.00 - course fee BY  
July 24<sup>TH</sup>, 2013 (*after \$55.00*).  
(*please, make check payable to FLOTEC*)

Pamela A.Kasyan OTA DEPT  
South University - WPB Campus  
9801 Belvedere  
West Palm Beach, Florida 33411  
or online @  
<http://flotec.memberclicks.net/>

**NOTICE OF NONDISCRIMINATION:**

Persons with disabilities need to request  
reasonable accommodations in advance.

This Course is accredited for 7 contact hours by the  
Occupational Therapy Department of South University  
which is accredited as an agency, College or  
University, approved by the US Dept. of Education.



## OT Licensure Procedure Will Change in 2015: *Be Prepared*

The Department of Health, Division of Medical Quality Assurance (MQA), will now review your continuing education records in the electronic tracking system at the time of renewal. It will happen automatically when you renew your license and it is important that you understand this simple change.

Beginning with licenses expiring May 31, 2013, practitioners will be prompted to report continuing education credits during the renewal process.

Department of Health, Medical Quality Assurance will verify a practitioner's continuing education record in the electronic tracking system at the time of renewal. Practitioners will be able to view their course history in the continuing education tracking system free of charge. The course history will show all the courses that have been reported for the practitioner.

If the practitioner's continuing education records are complete, they will be able to renew their license without interruption.

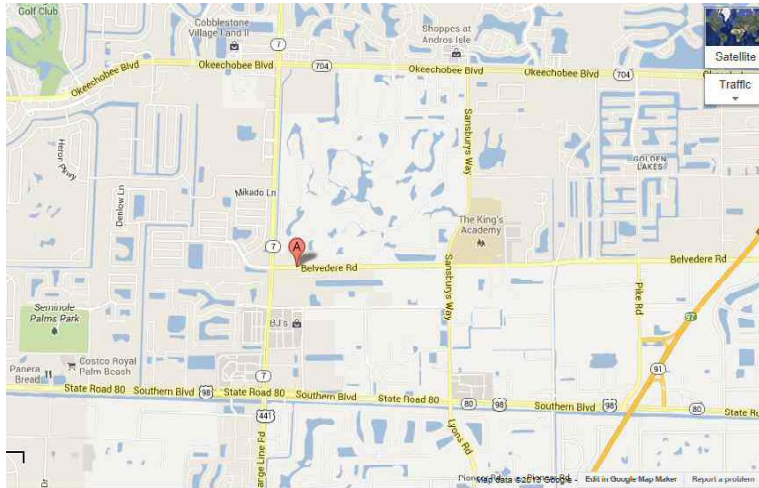
If the practitioner's continuing education records are not complete, they will be prompted to enter their remaining continuing education hours before proceeding with their license renewal.

Continuing Education is a requirement to renew a professional license.

Section 456.025(7), F.S. requires the Department to implement an electronic continuing education tracking system for each biennial renewal cycle and to integrate such system into the licensure and renewal system. The two systems are now integrated. Beginning with licenses expiring May 31, 2013, practitioners will be prompted to report continuing education credits during the renewal process.

## Map/Directions to SOUTH University

***Carpal Instability Course, Physical Agent Modalities Certification Course,  
FLOTEC Certification Course***



**South University - WPB Campus  
9801 Belvedere  
West Palm Beach, Florida 33411**



### **Notice of Nondiscrimination**

South University admits students of any race, color, and national or ethnic origin



South University, WPB Campus  
Pamela Ann Kasyan OTA DEPT  
9801 Belvedere Road  
Royal Palm Beach, FL 33411

***West Palm Beach–Martin County Occupational Therapy and Occupational Therapy Assistants!!***

This newsletter is our first attempt to get you involved in the Occupational Therapy community in Palm Beach-Martin County. We have developed an active board and plan to bring a variety of continuing education opportunities and social events to the local OT community. We plan to hold multidisciplinary courses with Physical Therapists and Speech Language Pathologists.

***Did I mention we are planning social events!?***

We are searching for OT's and OTA's to attend our first meeting and contribute to the formation of the bylaws and board positions. Ultimately, we would like to create a local community where individual efforts can be acknowledged and awarded as well as form bonds with the OT's working diligently in our own neighborhoods. Expected responsibilities will include approximately four meetings per year, attending the social events and planning the continuing education courses.

***WANT TO LEARN MORE - CONTACT:***

Pilar Saa, OTD, OTR/L; pilar@interplaytherapy.com - Executive Officer  
Pamela Kasyan, MS, OTR/L; pkasyan@southuniversity.edu; 561-273-6378, 305-992-1410 - Recorder  
Lori Weinstein, OTR/L; LWeinstein@arcpsc.org - Treasurer  
Aimee Brueck, PT; Pediatric SIS Chair